

# St. Andrews Marthoma Church

58 Crescent Place

Yonkers, NY 10704

Tel # (914) 776-5738

[www.standrewsmtcny.org](http://www.standrewsmtcny.org)



Worship Service: 10:30 a.m.

Sunday School: 9:15 a.m.

Monthly Newsletter

**March 2017**

**Vicar:** Rev. Sony Philip  
50 Crescent Place  
Yonkers, NY 10704

Parsonage: (914) 207-0011  
Mobile: (914) 525-3825

## **EXECUTIVE COMMITTEE 2017**

Vicar & President	Rev. Sony Philip	(914) 207-0011
Vice President	Mr. John K Thomas	(516) 326-8693
Secretary	Mr. Sunil Varghese	(914) 433-7980
Treasurer	Mr. K.O. Abraham	(914) 964-0308
Accountant	Mr. Benny Mathew	(914) 378-8028
Lay Leader (Mal)	Mr. A.V. George	(914) 969-4040
Lay Leader (Eng)	Mr. Jesse Samuel	(845) 553-5374
Sabha Mandalam	Mr. Chacko.P. thomas	(347) 810-8733
Diocesan Assembly	Mr. Reny Samuel	(845) 362-3802
Edavaka Mission	Mr. Binu Daniel	(914) 346-8548
Sevika Sanghom	Mrs. Mariamma Varughese	(845) 680-6537
Yuvajana Sakhyam	Dr. Priji Joseph	(914) 346-8445
Youth Fellowship	Ms. Akhila Reny	(845) 367-1862
Sunday School	Dr. Jenny Mathews	(914) 937-7159
Choir	Mr. Jacob K. Philip	(914) 525-7191
Prayer Group Area 1	Mr. George John Chalunkal	(914) 968-6101
Prayer Group Area 2	Mr. A.V. Varghese	(914) 937-6519
Auditor 1	Mrs. Tessy Cheriyan	(914) 361-1372
Auditor 2	Mr. George John	(516) 359-9786

## VICAR'S MESSAGE

### THE EUCHARISTIC OR QURBANA IDENTITY OF CHRISTIAN BELIEVER

**Dear believers in Christ,**

What is our identity? The identity makes one different and unique in the society. Our life is given but identity is our own creation. A Christian is challenged to construct identity by seeking a model from the Qurbana. We cannot properly receive the Bread of life without sharing the Bread for life of others. The Eucharistic Sacrament is Prophetic symbol which demands to us as a Qurbana community we should do dream of God for Just centered community, receive Body of Christ needs personal conversion and structural reforms. The purpose of Eucharist is to create a hope for an alternative community.

The focus of Qurbana is a new humanity in Christ and loving community based on God's justice. Every Qurbana celebration is a Prophetic call to transform ourselves and or society in the view of Kingdom of God. Lord's Table remembers us we are the keepers of the brother. Eucharist is a nourishment in our faith journey especially for those who seek Kingdom justice and peace. Is our Eucharist experience is a questionable one? Is it a passive acceptance with injustice, hostility and divisions?

Table fellowship needs an actualization of community feeling and togetherness, building a community means building relationship in a world of divisions and alienation. So let us heal all our wounded relationship. Sharing table means sharing life for egalitarian society. Eating is symbol of fellowship. Jesus uses the meal as a sign and table as expression of solidarity. So we set Lord's Table without race, culture, ethnicity and social status Qurbana is a mighty movement or dynamic force in the history for personal societal liberation. This movement demands freedom from all kinds of sinful bondages. Eucharist is a great school of peace forming men and women.

As believer of this Church we should express a Qurbana centered identity or lifestyle for the extension of Kingdom of God. As we have entered into Great Lent season let us practice lifestyle of Qurbana for a meaningful Christian witness. All our Lent prayers, Namaskasra prarthanas, fasting and all other practices be a fruitful one to become new creation in Christ. May Almighty God Bless each one of us to be blessing for others.

**With love and Prayer**  
***Sonyachen***

## **WORSHIP SCHEDULE FOR MARCH 2017**

<b><u>Date</u></b>	<b><u>Service</u></b>	<b><u>Time</u></b>
03/05	Diocesan Sun/Holy Communion Svc(Mal)	10:30 am
03/12	Holy Communion Service (Eng)	10:30 am
03/19	Holy Communion Service(Mal)	10:30 am
03/26	Holy Communion Service (Eng)	10:30 am

## **LECTIONARY FOR MARCH 2017**

<b><u>Date</u></b>	<b><u>Lessons</u></b>	<b><u>Epistle/Gospel</u></b>
03/05	Zech 13:1-9 1 John 1:5-10	Eph 2:1-10 Mark 1:40-45
03/12	Gen 4:8-16 Acts 16: 11-18	Rom 5: 6-11 Mark 2:1-12
03/19	Hos 2:14-23 Philem 1:1-21	Gal 6:1-5 Matt 15:21-28
03/26	Exo 3:1-10 Rom 8:31-39	Gal 5:1-12 Luke 13:10-17

## **BIRTHDAYS FOR MARCH**

<u><b>Date</b></u>	<u><b>Name</b></u>	<u><b>Date</b></u>	<u><b>Name</b></u>
03/05	Ms. Leah David	03/12	Ma. Steven Varughese
03/06	Mrs. Lizzy Satish	03/15	Mr. Thomas P. Varughese
03/07	Ms. Sharon Peter	03/16	Ma. Justin Binu Daniel
03/08	Dr. Brite Chalunkal	03/18	Ms. Leelamma Varghese
03/08	Mrs. Sosamma Thomas	03/19	Mr. Kurien T Jacob
03/09	Ma. Abel Leni	03/19	Mrs. Jincy George
03/10	Ma. Daniel Jacob	03/20	Ma. Jude Jacob
03/10	Mrs. Mini Koshy Prasad	03/20	Mr. Aby K. Varughese
03/10	Mr. John Skaria	03/25	Mr. A.V. Varghese
03/10	Mr. George Varghese	03/27	Mr. Rijin M. Zacharia
03/11	Mrs. Joyce Koshy	03/27	Mrs. Elizabeth C. Alex
		03/27	Ms. Angela Rajesh

## **WEDDING ANNIVERSARIES FOR MARCH**

<u><b>Date</b></u>	<u><b>Name</b></u>
03/10	Mrs. & Mr. Sunil Varghese
03/19	Mrs. & Mr. John Skaria
03/19	Mrs. & Mr. V.V. Mathew
03/30	Mrs. & Mr. Mathai Samuel
03/31	Mrs. & Mr. John K. Thomas

## **Lent season - evening prayer schedule - March 2017**

For more information, please contact  
Edavaka Mission Secretary: Mr. Binu Daniel Tel: 914-826-3147

March 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
19	20	21	22	<b>23</b> <b>7:30 PM</b> George John Chalunkal 123 Kingston Ave Yonkers 914 968 6101	<b>24</b> <b>7:30 PM</b> Prasad Koshy 65 Harlan Drive New Rochelle, Ph: 914 787 8511	<b>25</b> <b>7:00 PM</b> A V George 95 Smart Ave Yonkers, NY 914 969 4040
26	<b>27</b> <b>7:30 PM</b> A V Varghese 450 Ellendale Ave Portchester 914 937 6519	<b>28</b> <b>7:30 PM</b> George K Joseph 50 Leroy Ave Yonkers 914 963 7210	<b>29</b> <b>7:30 PM</b> Jacob Varghese 216 St. Johns Ave Yonkers 914 376 9433	<b>30</b> <b>7:30 PM</b> Binu Daniel 6 Baldwin Lane Scarsdale 914 346 8548	<b>31</b> <b>7:30 PM</b> Jogi Peter 7 Mayflower Dr Yonkers 914 771 5367	

# **YOUTH CHAPLAIN'S MESSAGE**

**Beloved Brothers and Sisters in Christ:**

**Why am I so sad? Why am I so troubled? I will put my hope in God, And once again I will praise Him, My Savior and my God (Psalms 42: 5).**

I remember once reading “Today, people have more, but enjoy less.” Even though God has greatly blessed us, many of us still lack the ability to enjoy God greatest gift: LIFE. We spend most of our time feeling sad, troubled or depressed. We spend too much time thinking about negative things that happened years ago.

The person who wrote Psalms 42 experienced a great deal of pain and suffering. This person was in exile and bearing the insults of those around him. This person even asks God “Why have you forgotten me?”(Verse 9)

But it is hope that keeps this person going. In verse six it is written “Here in exile my heart is breaking, and so I turn my thought to Him.” In the midst of the pain and suffering, this person focuses his thoughts and hopes on God. Perhaps, he remembers the stories told to him by his parents and grandparents of their great and powerful God. Or perhaps, he thinks of all the times in the past that God has helped him. He realizes that God is his Savior and God will give what is needed to overcome the pain and the depression. It is this faith that gives the person joy. Because, only a joyful person can truly praise God.

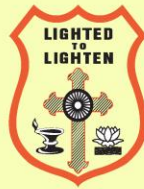
My dear brothers and sisters in Christ: I realize that many of us are bound not physically but mentally and emotionally. We spend too much time focusing on the negative things that have happened to us. There is a passage from Phil 3:13-14 that reads “Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.”

Let us pray to God that He gives us the ability to overcome the negative things that we have experienced in the past. That we can forgive those who have wronged us. That we can overcome the sadness and depression that we are facing and enjoy all of God’s gifts, especially His greatest gift, LIFE and boldly we press toward the future in Jesus. Then all of us can truly praise God.

**Yours in Christ's Service,**

**Rev. Shibi Abraham**

The season of  
**Great Lent**  
February 26 - April 16, 2017



**Bible Reading Plan  
& List of Special Days**

Week	Time	Sunday 26-Feb-2017	Monday 27-Feb-2017	Tuesday 28-Feb-2017	Wednesday 1-Mar-2017	Thursday 2-Mar-2017	Friday 3-Mar-2017	Saturday 4-Mar-2017
1st Week	Morning	Genesis 45: 1-15 Ephesians 2: 11-22	Isaiah 29: 15-24 2 Corinthians 5: 14-21	Jeremiah 11:1-8 Ephesians 4:32-5:4	Genesis 1:14-18 Romans 2:7-24	Job 1:1-22 James 2:14-26	Zechariah 1: 1-6 Romans 3:9-26	Genesis 2: 8-25 Romans 12: 10-21
	Gospel Portion	St. John 2: 1-11	St. Matthew 5: 21-26	St. Luke 6: 37-42	St. Matthew 6:19-24	St. Matthew 7:13-20	St. Matthew 6: 1-4	St. John 4: 46-54
	Evening	Genesis 26: 22-32 1 Corinthians 1: 10-17	Isaiah 29:15-24 1 John 4:11-20	Isaiah 30:1-4 James 1:13-21	Isaiah 13: 6-13 James 1:20-2:15	1 Kings 18:16-24 Romans 2: 28-38	Isaiah 1:1-9 James 3: 13-4:5	Jeremiah 17:19-23 Romans 12: 10-21
2nd Week	Morning	5-Mar-17	6-Mar-17	7-Mar-17	8-Mar-17	9-Mar-17	10-Mar-17	11-Mar-17
	Gospel Portion	St. Matthew 8: 1-4	St. Luke 6: 27-36	St. Mark 4: 21-25	St. Matthew 6: 9-15	St. Luke 15: 21-27	St. Matthew 18:1-5	St. Mark 1:21-28
	Evening	Genesis 16: 7-16 1 John 1: 5-10	2 Samuel 16: 5-12 1 Timothy 2: 1-15	Isaiah 33:1-6 1 Corinthians 4: 1-21	Exodus 34: 1-7 1 Corinthians 8:1-13	Numbers 16: 1-10 1 Corinthians 9: 13-27	Job 25: 1-6 Romans 1:26-32	Isaiah 35:1-10 2 Corinthians 7:9-26
3rd Week	Morning	12-Mar-17	13-Mar-17	14-Mar-17	15-Mar-17	16-Mar-17	17-Mar-17	18-Mar-17
	Gospel Portion	2 Kings 4: 1-7	Genesis 18:20-33 1 Timothy 6: 1-12	Exodus 20: 1-19 Ephesians 2: 4-18	Leviticus 25: 35-46 Ephesians 6: 1-9	Numbers 12: 1-16 1 Peter 2: 9-25	Isaiah 1: 10-20 1 Peter 1: 13-25	Exodus 16: 4-10 1 Peter 2: 9-25
	Evening	Genesis 22: 1-14 Hebrews 1: 1-11	Judges 1:1-22 1 Timothy 3:1-13	Job 31: 1-15 Ephesians 3: 1-13	1 Samuel 9: 18-27 James 2: 14-27	Micah 6: 1-8 Philippians 1:1-11	Job 22:13-30 Romans 2: 2-13	Hosea 2: 18-23 Philippians 1: 1-10
4th Week	Morning	19-Mar-17	20-Mar-17	21-Mar-17	22-Mar-17	23-Mar-17	24-Mar-17	25-Mar-17
	Gospel Portion	1 Thessalonians 5: 12-22	2 Corinthians 11: 1-15	1 Corinthians 16: 13-24	1 Corinthians 1:18-31	2 Corinthians 12: 14-21	2 Corinthians 12: 19:13:13	1 Corinthians 9: 14-27
	Evening	St. Luke 7: 24-30 Nehemiah 1: 1-11	St. Mark 10: 35-45 2 Kings 12: 7-16	St. Matthew 20: 1-16 Jeremiah 6: 16-21	St. Mark 5: 25-34 2 Corinthians 9:1-15	St. Luke 15: 11-32 Daniel 4: 24-37	St. Luke 16: 19-30 Daniel 9: 1-11	St. Luke 9: 10-17 Isaiah 55: 1-11
5th Week	Morning	26-Mar-17	27-Mar-17	28-Mar-17	29-Mar-17	30-Mar-17	31-Mar-17	1-Apr-17
	Gospel Portion	St. Luke 13: 10-17	St. Luke 4: 38-41	St. Mark 5: 1-20	St. Mark 6:45-52	St. John 15: 1-11	St. Luke 21: 1-4	St. John 3: 22-30
	Evening	Joshua 3:1-17 Romans 8:31-39	Jeremiah 33: 6-11 Romans 9:1-13	Isaiah 40: 12-24 Romans 1: 7-17	Isaiah 41:8-17 1 Corinthians 10:14-22	Isaiah 42: 1-9 Colossians 3:1-17	Hosea 6:1-6 1 Timothy 2: 1-15	Ezekiel 15: 1-8 Psalms 78:1-28
6th Week	Morning	2-Apr-17	3-Mar-17	4-Apr-17	5-Apr-17	6-Apr-17	7-Apr-17	8-Apr-17
	Gospel Portion	1 Peter 4: 12-19	1 Thessalonians 4:1-12	Romans 8:12-27	Romans 8:12-27	2 Corinthians 6:1-10	1 Peter 1: 13-22	1 Peter 2: 6-10
	Evening	Daniel 3: 14-25	Jeremiah 35:1-11	Zachariah 9:9-17	Daniel 7: 9-18	Isaiah 51:1-8	Isaiah 58:1-8	Isaiah 61:1-9
7th Week	Morning	9-Apr-17	10-Apr-17	11-Apr-17	12-Apr-17	13-Apr-17	14-Apr-17	15-Apr-17
	Gospel Portion	St. Matthew 21: 1-11	St. Matthew 22: 15-22	St. Matthew 23: 37-24: 2	St. Matthew 25: 1-13	St. Matthew 26:17-29	St. Matt. 27: 1-44	St. Matt. 27:62-66
	Evening	Zachariah 9:1-12 Hebrews 9:1-12	Isaiah 63 Hebrews 2	Numbers 21: 1-16 Ephesians 2	Leviticus: 16: 1-22 1 Peter 4	Genesis 22: 1-14 Hebrews 5: 1-11	Daniel 2: 26-40 1 Thessalonians 2: 1-10	Isaiah 56: 1-8 2 Corinthians 1: 1-7
Sunday , April 16 (Easter Sunday (50th Day) Resurrection: Celebration of New Life in Christ		Morning	Exodus 14:5-31 Colossians 3:1-11	Gospel Portion	St. Matt. 28:1-10	Evening	Isaiah 12:1-6 1 Thessalonians 4:13-	

**Special Days in the Lenten Season**

- 26-Feb-17 Beginning of the Great Lent  
Time of Transformation (Pethurtha)\*
- 27-Feb-17 Service of Reconciliation (Shubkono)
- 5-Mar-17 Second Sunday in Lent  
Theme :The Cleansing Jesus
- 12-Mar-17 Third Sunday in Lent  
(Theme:The Forgiving Christ )
- 19-Mar-17 Fourth Sunday in Lent  
(Theme: The Accepting Christ )
- 22-Mar-17 Mid-Lent  
(Thems:Preparation to Face the Cross)
- 26-Mar-17 Fifth Sunday in Lent  
(Theme : Christ who Liberates)
- 2-Apr-17 Sixth Sunday in Lent  
(Theme: Christ who Restores)
- 7-Apr-17 Fortieth Friday in Lent  
(Theme: Spirituality that overcomes the Temptation)
- 9-Apr-17 Palm Sunday (Hosanna)  
(Theme :Christ the Lord of Peace)
- 10-Apr-17 Beginning of Passion Week (Hasha)
- 13-Apr-17 Passover Thursday  
(Theme :Holy Qurbana. Christ the Bread of Life)
- 14-Apr-17 Good Friday  
(Theme:Cross-Self giving Love of Christ)
- 15-Apr-17 Holy Saturday  
(Theme : Hope for the New Life)
- 16-Apr-17 Resurrection Day (Easter )  
Great Lent Ends  
(Theme:Celebration of New Life in Christ)

YOUR CHURCH IN THE NEWS  
**Mar Thoma Church News**  
World Wide Mar Thoma Church News

Find us on:  
**facebook**  
facebook.com/marthomanews

marthomanews@gmail.com